

LOWEST SCORE WINS/FIRST TEE OF WESTERN NEW YORK

Project 10 WEEK 8 OUTLINE



0:00 - 0:20

Chipping (Leading Edge)

- Setup (see video).
- Chipping practice.
 - Stork drill.
 - Stick drill.
 - Stork + Stick.

0:20 - 0:40

Chipping Ten-Shot Game

- Each player gets to hit 10 shots to various targets
 - 3 points within x feet
 - 5 points for holing out
 - -1 for on the green
 - -5 for missed green
 - "x" feet should be between 3-10 feet depending on skill level.
- Total points after ten shots is your score. Seek to make it higher each time you play.

0:40 - 1:00

Pitching (Using the Bounce/Glide)

- "Dealing Cards" feel (video)
- Pitching practice

 Finish by seeing who can pitch the most balls with one swing (video).

1:00 - 1:10

1/4 On Rule

- Review the 1/4 rule and how you might apply it in various situations.
- Talk about how that 1/4 spot does not change, but the club needed to land the ball there but stop near the hole will change.

1:10 - 1:30

Distance Wedges

- Explain the idea behind pages 37-40 in the LSW book.
- Have the students develop either a 1/4, 1/2, and 3/4 swing or a 1/3 and 2/3 swing. It's not important that their feel matches the swing length you observe. For example, if it feels like 1/4 to them but looks like 1/2 to you that's okay as long as the different feels give them different distances."
- Partner the students up and have them measure a few swings for each student their 1/4 sand wedge swing, for example.
- Have them read pages 37-40 and measure their distance wedge yardages and tape them to the bottom of their shafts for next week.