

LOWEST SCORE WINS/FIRST TEE OF WESTERN NEW YORK

Project 10 WEEK 9 OUTLINE



0:00 - 0:15

Review of Weight/Pressure and Low Point

0:15 - 0:35

7-Iron 30 Point Game

- 3 points, one each for:
 - Solid contact
 - Start line to proper side of stick
 - Proper curve direction

0:35 - 1:00

Hybrids/4I Practice

- Ball Position (forward)
- Review low point after ball again.
- Double Gate Drill (see video).

1:00 - 1:30

Flighted Shots

- Put traffic cones every 10 yards
- Hit shots with a 7-iron to different targets to learn to hit the ball solidly while making partial swings
- Ladder Drill from 50 yards outward with a 7-iron (see video).